

# Alzheimer's disease and other Dementias

## RESOURCES for Patient, Family and Caregiver

**Call 2-1-1 Idaho CareLine** - just dial **211** from anywhere in Idaho or 1-800-926-2588, or on-line at: <http://www.211.idaho.gov>

**Contact Alzheimer's Idaho** by calling **914-4719** or on-line at <http://www.alzid.org/>. This is non-profit organization dedicated to providing quality client-centered services for those affected with Alzheimer's and other dementias

**Contact the National Alzheimer's Association 24/7 helpline** - Call **1-800-272-3900** or on-line at <http://www.alz.org/Idaho>

**Read the Taking Action Workbook** – copies available on-line at: [http://www.alz.org/i-have-alz/downloads/lwa\\_pwd\\_taking\\_action\\_workbook.pdf](http://www.alz.org/i-have-alz/downloads/lwa_pwd_taking_action_workbook.pdf)

**Read At the Crossroads: Family conversations about Alzheimer's disease, Dementias and Driving** - copies available on-line at: <http://www.thehartford.com/alzheimers>

**Find Your Local Area Agency on Aging for support** services on-line at: <http://www.aging.idaho.gov>

**Sign up for Alzheimer's Association Alzheimer's Weekly E-news** on-line at: [http://www.alz.org/apps/email\\_signup.asp](http://www.alz.org/apps/email_signup.asp)